



October

Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		October 1	October 2	October 3
		Hamburger on a Bun (wg) Cheese Slice French Fries Baked Beans Mixed Fruit	Spaghetti (wg) Vegetable Medley Cheesy Breadstick (wg) Applesauce	Stuffed Crust Pizza (wg) Carrots Pears Cake
October 6	October 7	October 8	October 9	October 10
Hot Dog on a Bun (wg) Potato Baked Beans Blueberries	Goulash (wg) Peas Breadstick (wg) Pears	Mini Pizza Vegetable Fruit Dessert 12:30 DISMISSAL @ PHS NO School @ Elem.	Chicken Fried Steak (wg) Mashed Potatoes/Gravy Corn Dinner Roll (wg) Peaches	Fiestada (wg) Carrots Applesauce O'Henry Bar (wg)
October 13	October 14	October 15	October 16	October 17
Cheeseburger Calzone (wg) French Fries Mixed Vegetables Strawberries	Nacho Supreme (wg) Black Beans & Corn Tropical Fruit Cookie (wg)	Pulled Pork Sandwich (wg) Au Gratin Potatoes Baked Beans Warm Cinnamon Apples	Chicken Strips (wg) Waffles Sticks (wg) Broccoli Peaches	NO SCHOOL
October 20	October 21	October 22	October 23	October 24
Sub Sandwich (wg) Tri Tater Baked Beans Fruit Cup	Chili (wg) Crackers Banana Cinnamon Roll (wg)	Orange Chicken Vegetable Fried Rice (wg) Corn Dinner Roll (wg) Pineapple	Chicken Fajita (wg) Cowboy Salsa Mandarin Oranges Rice Krispy Bar (wg)	Mini Pizza (wg) E/Z-Cheese – HS-Pepperoni Peas Mixed Fruit Ice Cream Cup
October 27	October 28	October 29	October 30	October 31
Pizza Stick (wg) Carrots Pears Sidekick	Mexi Burger (wg) Chips Baked Beans Applesauce	E/Z Chicken Nuggets (wg) HS General Chicken Rice (wg) Corn Dinner Roll (wg) Pineapple	Taco (wg) Gems Tropical Fruit Churro (wg)	Mini Corn Dogs (wg) French Fries Green Beans Peaches

Salad and yogurt offered in place of the main entrée. Fruit and veggie bar and milk available with entrée.

All menus are subject to change. (WG) indicates whole grain items.

This institution is an equal opportunity employer.